

**Club Start List – LIGA TRANSFRONTEIRIÇA - ASSUNÇÃO 25**

2025-11-29

**.COM**

|       |       |                     |      |        |       |         |
|-------|-------|---------------------|------|--------|-------|---------|
| 7377  | 10:08 | Guilherme Covas     | H12  | 1000 m | Start | 544041  |
| 3799  | 10:14 | Tania Covas Costa   | DE   | 3125 m | Start | 8150778 |
| 7718  | 10:00 | Bruno Vilaça        | H40  | 3125 m | Start | 8632799 |
| 5866  | 10:22 | Fernando Vilas Boas | H50  | 2850 m | Start | 2006640 |
| 1810  | 10:32 | Octávio Andrade     | H55  | 2850 m | Start | 8082711 |
| 90085 | 10:16 | André Vilaça        | Form | 1000 m | Start | 6777    |

**A Montanha**

|      |       |             |     |        |       |         |
|------|-------|-------------|-----|--------|-------|---------|
| 2170 | 10:16 | A F Gouveia | H50 | 2850 m | Start | 8217075 |
|------|-------|-------------|-----|--------|-------|---------|

**ADC**

|      |       |                |     |        |       |        |
|------|-------|----------------|-----|--------|-------|--------|
| 3073 | 10:42 | Jorge Ferreira | H55 | 2850 m | Start | 241138 |
|------|-------|----------------|-----|--------|-------|--------|

**ADC ARNELA**

|       |       |                     |      |        |       |         |
|-------|-------|---------------------|------|--------|-------|---------|
| 90029 | 10:17 | Alejandro Victorero | H21A | 3125 m | Start | 8514975 |
| 90033 | 10:10 | Julio Lagos         | HE   | 3975 m | Start | 8501476 |
| 90040 | 10:20 | Alan Sardinero      | HE   | 3975 m | Start | 8311996 |
| 90031 | 10:20 | Joaquín Oujo        | H35  | 3125 m | Start | 8001730 |
| 90027 | 10:09 | Susana Míguez       | D35  | 3125 m | Start | 8658636 |
| 90030 | 10:40 | Jorge Victorero     | H55  | 2850 m | Start | 8520159 |

**AEPBS-Joane**

|       |       |                       |        |        |       |         |
|-------|-------|-----------------------|--------|--------|-------|---------|
| 90065 | 10:02 | Vasco Novo            | H14    | 2475 m | Start | 1410215 |
| 8129  | 10:04 | João Pedro Araújo     | H14    | 2475 m | Start | 1010089 |
| 90045 | 10:06 | João Pedro Magalhães  | H14    | 2475 m | Start | 1410245 |
| 90078 | 10:08 | Eloi Bet              | H14    | 2475 m | Start | 1010098 |
| 90057 | 10:10 | José Miguel Magalhães | H14    | 2475 m | Start | 1010041 |
| 90067 | 10:12 | Ricardo Torres        | H14    | 2475 m | Start | 1010038 |
| 90070 | 10:03 | Leonor Lopes          | D14    | 2475 m | Start | 1410256 |
| 90055 | 10:05 | Beatriz Rodrigues     | D14    | 2475 m | Start | 1410212 |
| 90072 | 10:07 | Leonor Rodrigues      | D14    | 2475 m | Start | 1410224 |
| 90063 | 10:11 | Sara Matos            | D16    | 2475 m | Start | 1410234 |
| 7070  | 10:13 | Ivana Figueiredo      | D16    | 2475 m | Start | 1010055 |
| 90047 | 10:15 | Diana Silva           | D16    | 2475 m | Start | 1010072 |
| 90076 | 10:17 | Maria Barroso         | D16    | 2475 m | Start | 1410247 |
| 90051 | 10:19 | Anita Macedo          | D16    | 2475 m | Start | 1010085 |
| 90083 | 10:27 | António Azoia         | H18    | 3125 m | Start | 1010042 |
| 90041 | 10:32 | André Fernandes       | H18    | 3125 m | Start | 1410225 |
| 90049 | 10:37 | Breno Nascimento      | H18    | 3125 m | Start | 1010095 |
| 90061 | 10:09 | Rosa Dias             | D18    | 2850 m | Start | 1010065 |
| 90053 | 10:13 | Aª Filipa Carvalho    | D18    | 2850 m | Start | 1010106 |
| 90080 | 10:16 | LeandroD+MafaldaA MªB | Amarel | 2475 m | Start | 1410233 |
| 90044 | 10:16 | Filipe Marques        | Vermel | 3125 m | Start | 1010032 |

**AROMON**

|       |       |               |     |        |       |         |
|-------|-------|---------------|-----|--------|-------|---------|
| 90035 | 10:26 | Javier Alvelo | H45 | 2850 m | Start | 8656780 |
| 90037 | 10:03 | Yolanda Navia | D45 | 2850 m | Start | 8523108 |
| 90038 | 10:38 | Gilberto Díaz | H55 | 2850 m | Start | 8073978 |

**CAR**

|      |       |              |     |        |       |         |
|------|-------|--------------|-----|--------|-------|---------|
| 6739 | 10:28 | Hélder Pinto | H45 | 2850 m | Start | 1110272 |
|------|-------|--------------|-----|--------|-------|---------|

**COAAL**

|      |       |                   |      |        |       |         |
|------|-------|-------------------|------|--------|-------|---------|
| 5925 | 10:07 | Pedro Tiago Gomes | H21B | 2850 m | Start | 8100990 |
|------|-------|-------------------|------|--------|-------|---------|

**COViseu - Natura**

|       |       |               |      |        |       |         |
|-------|-------|---------------|------|--------|-------|---------|
| 6657  | 10:23 | Paulo Assis   | H21A | 3125 m | Start | 8192511 |
| 90000 | 10:15 | Gonalo Assis | Form | 1000 m | Start | 7822123 |

**Gallaecia Raid**

|       |       |               |     |        |       |         |
|-------|-------|---------------|-----|--------|-------|---------|
| 90003 | 10:11 | Carla Somoza  | D18 | 2850 m | Start | 8163607 |
| 90007 | 10:05 | Ivan Somoza   | HE  | 3975 m | Start | 8670896 |
| 90005 | 10:18 | Silvia Seoane | D35 | 3125 m | Start | 8670962 |

**GD4C**

|      |       |                   |        |        |       |         |
|------|-------|-------------------|--------|--------|-------|---------|
| 7065 | 10:00 | Ines Vinhas      | D12    | 1000 m | Start | 8210114 |
| 7231 | 10:30 | Ivan Mostepanov   | HE     | 3975 m | Start | 8080565 |
| 7067 | 10:16 | Sara Arrotea     | DE     | 3125 m | Start | 8536182 |
| 6527 | 10:22 | Vasco Vinhas      | H35    | 3125 m | Start | 8210983 |
| 6446 | 10:05 | Raquel Ferreira   | D40    | 2850 m | Start | 8210880 |
| 6399 | 10:30 | Fernando Silva    | H45    | 2850 m | Start | 8323720 |
| 5297 | 10:20 | Cidalio Oliveira | H50    | 2850 m | Start | 8197395 |
| 7296 | 10:15 | Susana Martins    | Amarel | 2475 m | Start | 8201199 |

**Individual POR**

|       |       |                        |        |        |       |         |
|-------|-------|------------------------|--------|--------|-------|---------|
| 5598  | 10:21 | Afonso Fernandes       | H21A   | 3125 m | Start | 8539450 |
| 90009 | 10:15 | Ruben Carvalho Torres | HE     | 3975 m | Start | 8632845 |
| 90086 | 10:17 | Fatima Olival         | Amarel | 2475 m | Start | 8632790 |

**Individual POR Fed**

|       |       |                |        |        |       |         |
|-------|-------|----------------|--------|--------|-------|---------|
| 6669  | 10:34 | Eugenio Grilo | H55    | 2850 m | Start | 1420776 |
| 90087 | 10:15 | Sofia Hugo     | Vermel | 3125 m | Start | 1010045 |

**LIMIACTIVA**

|       |       |              |      |        |       |         |
|-------|-------|--------------|------|--------|-------|---------|
| 90016 | 10:19 | Juan Garrido | H21A | 3125 m | Start | 8140372 |
|-------|-------|--------------|------|--------|-------|---------|

**Montepio Geral**

|      |       |                |       |        |       |         |
|------|-------|----------------|-------|--------|-------|---------|
| 4059 | 10:18 | Miguel Sa     | H50   | 2850 m | Start | 1304006 |
| 5405 | 10:15 | Sonia Pereira | Verde | 1000 m | Start | 409926  |

**NAST**

|      |       |                |        |        |       |         |
|------|-------|----------------|--------|--------|-------|---------|
| 7365 | 10:17 | Paulo Loureiro | Vermel | 3125 m | Start | 8535718 |
|------|-------|----------------|--------|--------|-------|---------|

**OLC SKOG**

|       |       |               |     |        |       |         |
|-------|-------|---------------|-----|--------|-------|---------|
| 90001 | 10:24 | Andreas GROTE | H45 | 2850 m | Start | 8638368 |
|-------|-------|---------------|-----|--------|-------|---------|

**ROZ**

|       |       |                  |    |        |       |         |
|-------|-------|------------------|----|--------|-------|---------|
| 90036 | 10:25 | Krytof Jirasek | HE | 3975 m | Start | 8530890 |
|-------|-------|------------------|----|--------|-------|---------|

**Universidad De Vigo**

|       |       |                 |     |        |       |         |
|-------|-------|-----------------|-----|--------|-------|---------|
| 90039 | 10:07 | German Perez   | H35 | 3125 m | Start | 8019221 |
| 90021 | 10:01 | Ana Iglesias    | D50 | 2850 m | Start | 8657295 |
| 90023 | 10:36 | Enrique Fuertes | H55 | 2850 m | Start | 8233105 |
| 90025 | 10:00 | Ma Isabel Saco | D55 | 2475 m | Start | 2020157 |